

# Safe Disposal of Medicine

Protect our Health and Our Environment



- Prevent Drug Abuse
- Protect the Environment
- Prevent Identity Theft

- Keep an inventory of all medicine
- Store all medicine in a secure place
- Dispose of unneeded or expired medicine at a “take back” site or by following FDA guidelines
- Take all medicine as prescribed
- Never give your prescribed medicine to someone else
- Talk to children about the dangers of prescription and over-the-counter drug abuse

Use “Take Back” and Recycling Programs:

- At pharmacies
- At Sheriffs’ offices
- DEA events
- American Medicine Chest Challenge
- County Medicine Collection Days

The FDA recommends these steps only when drug “take back” efforts are not immediately available.

- Place pills in a sealable container, such as a plastic bag.
- Mix with coffee grounds, sawdust, kitty litter, etc.
- Seal the bag and place in the trash.
- Remove personal information from empty medicine containers before recycling.



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