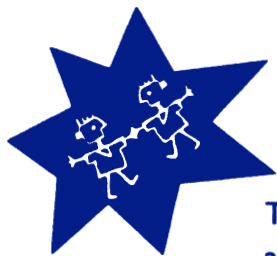




Hands are **NOT** for hitting.

American Medical Association Alliance
2022





To Teachers and Parents: This is a simple hand-tracing exercise to teach children about making positive choices in the things they do and in the way they treat others.

What Are Some Good Things That You Can Use Your Hands To Do?

Hugging

Holding Hands

Shaking Hands

Patting a Friend on the Back

Sharing Your Toys

Playing with a Ball

Coloring with Crayons

Playing on a Computer

Fingerpainting

Playing an Instrument

Riding a Bicycle

Petting an Animal

Holding a Teddy Bear

Giving Someone a Present

Drawing a Picture

Jumping Rope

Playing a Game

Feeding a Fish

What Are Some Things That You Should Never Use Your Hands For?

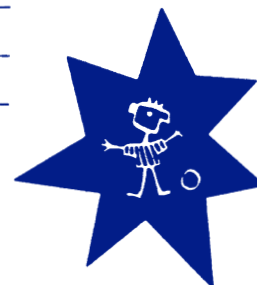
Hurting Others

Hitting

Slapping

Pushing

Fighting



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The AMA Alliance, Inc., is the largest, most influential grassroots organization representing the family of medicine. As the proactive, volunteer arm of the American Medical Association, the Alliance is dedicated to promoting better public health, ensuring sound health care legislation, and supporting medical families through all stages of life. In 1995, the Alliance launched the SAVE (Stop America's Violence Everywhere) program, which is implemented by Alliance members in communities across the country.

These elementary school materials are designed to help children learn conflict resolution skills, including how to handle bullies and make healthy, safe choices.

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